

Bible Study
Spiritual-Well Being
Spirituality Transformation
January 25, 2024 – Pastor Charles A. Hall

Lesson Terminology:

- **Transformation:** A thorough or dramatic change in form or appearance. Change, conversion which can be the same.
- **Transition:** The process or a period of changing from one state or condition to another.
- **Salvation:** Deliverance from sin and its consequences by faith in Jesus Christ.
- **Righteousness:** The quality of being morally right or justifiable in the sight of God.
- **Holiness:** A life dedicated or consecrated to God; and total devotion to God.

In order to grow spiritually we must have the presence of the Holy Spirit in us. The primary mission or purpose for the indwelling of the Holy Spirit in the believer is to promote or encourage transformation (change or conversion). This transformation that is taking place in the believer is designed to make the believer more like Jesus in character and attributes. The indwelling (presence) of the Holy Spirit becomes a change agent within the believer. The mission or objective of this change agent is to reach a state of righteousness (a moral standard of conduct that is acceptable in the eyesight of God). As this change agent (Holy Spirit) matures or grows in the believer, the believer will begin to manifest or reflect attributes of the Holy Spirit, which are known as the fruit of the spirit. This fruit of the spirit produces within, and without the believer love, joy, peace longsuffering, gentleness, goodness, faith, Meekness, and temperance.

- **Psalm 51:10-12** (10) Create in me a clean heart, O God; and renew a right spirit within me. (11) Cast me not away from thy presence; and take not thy holy spirit from me. (12) Restore unto me the joy of thy salvation; and uphold me with thy free spirit.
- **Galatians 5:22-23** (22) But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, (23) Meekness, temperance: against such there is no law.
 - **Love:** Action toward others that comes through the power of the Holy Spirit.
 - **Joy:** To delight in the Lord and His saving grace. (salvation).
 - **Peace:** Confidence in the power and promises of God.
 - **Long-suffering:** Forbearance, being able to suffer for the Lord without complaining.
 - **Gentleness:** Kindness, treating others the way God desires you to treat them.
 - **Goodness:** Integrity, honesty, and being steadfast.
 - **Faith:** Being loyal and trusting.
 - **Meekness:** Gentleness, showing humility and forgiveness.
 - **Temperance:** Self-control, allowing God to lead and direct you.

When the Holy Spirit is at work in us, moving us toward a state of greater holiness, what is actually taking place is called transition. The process of moving from one state of

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righteousness (morally right or justifiable in the sight of God) to another is known as transition. When we reach a state of notable change, then we have been transformed. So there are different levels of transformation. The Bible tells us that in this life we will never reach a level of complete righteousness, but the process of transition should never stop until we arrive in heaven. The presence of the Holy Spirit is like our internal engine in the believer, it moves or transitions us from one level of spirituality to a greater or more mature level of spirituality. One of the first transitional moves of the Holy Spirit after it has been indwelled in the believer is sanctification. Sanctification is a visible level of transformation when God sets the believer aside for His use and purpose.

- **Romans 3:10** As it is written, THERE IS NONE RIGHTEOUS, NO, NOT ONE:
- **John 17:16-17** They are not of the world, even as I am not of the world (17) Sanctify them through thy truth: thy word is truth.
- **1Corinthians 1:30** But of him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption.
- **Romans 8:30** Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.

Human and spiritual example of transformation:

Human stages of transformation:

- **Childhood** - The period in which one is a child (a young human being).
- **Adolescence** - A young person in the process of developing from a child into an adult.
- **Adulthood** - A person who is fully grown or developed.

Spiritual stages of transformation:

- **Purgative stage (purging or emptying)** – Experience initial conversion.
- **Illuminative stage (giving light)** – This is a stage of recollection thought and sentiment which elevate the soul to God. In this stage we start to think and act like Jesus would.
- **Unitive stage (uniting unity)** – In this stage we experience union with God through love and actual experiences, and by exercise of the love such as prayer, and worship.