

Bible Study - Spiritual-Well Being
Being Spiritual without Being Religious
Pastor Charles A. Hall - Bible study February 29, 2024

- **Religious:** To acknowledge, and to be devoted to a religious belief or observances, and specific deity.
- **World view of Spirituality** The connection with something greater than oneself, such as a higher power, the universe or other people.
- **Spirituality:** one born of God, changed by His grace, filled with his spirit, and living through His mercy and goodness
- **Spiritual:** the general definition of the term spiritual means relating to or affecting the human spirit or soul as opposed to material or physical things. Relating to, or involving spiritualism. Something supernatural beings or phenomena.
- **Spiritual:** The biblical definition of the term spiritual means relating to religion or religious belief

Over the past quarter century or so, more and more people in this nation have labeled themselves as being spiritual rather than being religious. Years ago being spiritual and being religious was considered the same in most circles. But today over 25 percent of Americans consider themselves to be spiritual, but not necessary religious. In other words they believe that there is some supernatural power that rules the universe. However, they do not consider this supernatural force to be the same supernatural God that those that are religious serve. In most cases they do not associate any particular name or characteristic to this supernatural power, they just know that it exists. Most Christians consider spiritual and religion to mean the same thing. It is impossible to deny the existence of God, or some type of supernatural power when we consider the things of this universe that were not made by man. These people who claim to be spiritual, but not religious discount structure religion, and as a result they are not followers of Jesus Christ. Being spiritual without being religious allows them to seek things that appease their heart and emotion. This further allows them to avoid doctrine and rituals that are associated with structured religion that serve the true creator of the universe. The spiritual seeker desires to create their own spiritual journey and reality.

- **Romans 1:20-21** For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and God-head; so that they are without excuse. (21) Because that when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened.
- **MATTHEW 15:8-9** THIS PEOPLE DRAWETH NIGH UNTO ME WITH THEIR MOUTH, AND HONORETH ME WITH THEIR LIPS; BUT THEIR HEART IS FAR FROM ME. (9) BUT IN VAIN THEY DO WORSHIP ME, TEACHING FOR DOCTRINE THE COMMANDMENTS OF MEN.

Bible Study - Spiritual-Well Being
Being Spiritual without Being Religious
Pastor Charles A. Hall - Bible study February 29, 2024

Being spiritual and abstract or intellectual is another excuse for not having a personal relationship with God. Being spiritual and religious is having a personal relationship with God, one that is also life changing. This requires a personal decision, to accept God's free gift of salvation.

- **John 3:16** For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

After we have made a personal decision to accept Christ's free gift of salvation, we become members of His divine spiritual body. Being a member of this body requires us to live in accordance to His righteous standards. For the most part those who claim to be spiritual and not religious do not want the accountability that comes with living in accordance to God's laws and commandments.

- **Ephesians 5:26-27** That he might sanctify and cleanse it with the washing of water by the word, (27) That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.

Many people who are spiritual go to church, but in most cases they seek churches that preach and teach what they want to hear, rather than what God desires for them to know, understand and live by.

- **2Timothy 4:3-4** For the time will come when they will not endure sound doctrine; but after their own lusts shall they heap to themselves teachers, having itching ears; (4) They shall turn away their ears from the truth, and shall be turned unto fables.